



# LUNCH Monday-Friday 11:00am-4:00pm

Discounts and coupons cannot be applied to items on this menu

## SOUPS & SALADS

**Housemade Dressings:** Blue Cheese, Honey Mustard, Ranch, Balsamic Vinaigrette, 1000 Island, Italian, Southwestern Citrus, Maple Vinaigrette.

🔥 **Chili cup 3.59 | bowl 4.59**

**Soup of the Day cup 2.99 | bowl 3.79**

**Vegetable Soup cup 3 | bowl 3.79**

**House Salad 3.99**

🔥 **Sweet Heat Salmon small 7.99**

Baby spinach, pineapple, sliced onions, and bell peppers topped with our Virginia bourbon marinated salmon fillet that we season with chipotle, cinnamon, garlic, and other seasonings.

★ **Seasonal Salad small 7.99**

Pecans, tomatoes, Gorgonzola cheese, and spinach tossed in citrus vinaigrette and topped with apples, grapes, and chicken.

**Steak Salad small 8.29**

Fresh greens, Gorgonzola crumbles, bacon, and diced tomatoes tossed in balsamic vinaigrette, topped with cooked-to-order sirloin steak and onion straws.

**Garden Salad 3.99**

Fresh greens, cheese, tomatoes, cucumbers, and croutons.

**Wedge Salad 4.99**

A fresh, crisp wedge of lettuce with bacon, diced tomatoes, and Gorgonzola crumbles.

**Caesar Salad 3.99**

A half micro romaine head with croutons and Parmesan, drizzled with Caesar dressing.

**Grilled Chicken small 7.99 GF**

Fresh greens, diced tomatoes, cucumbers, shredded cheese, and bacon crumbles, topped with grilled chicken tenders.

**Boneless Wing small 7.99**

Mixed greens, diced tomatoes, and Gorgonzola crumbles, topped with onion straws and Thumbs & Toes tossed in your favorite sauce.

## \$7 STUDENT SPECIALS

Available to all!

**Served with fries and a soda or an iced tea for \$7.00.**

**Smoked Wings 7**

Our lightly fried Applewood smoked wings served with your choice of sauce.

**Chicken Caesar Wrap 7**

Grilled chicken and fresh romaine tossed in Caesar dressing with Parmesan cheese.

**Chicken Fingers 7**

Fresh, hand-breaded chicken tenders served with honey mustard.

**The Rachel 7**

Our in-house, slow-roasted turkey, Swiss cheese, 1000 Island dressing, and our sweet and sour slaw on grilled rye bread.

## SANDWICHES

All sandwiches are served with choice of tortilla chips or fries.

★ **BBQ 6.99**

14-hour applewood slow-smoked pork and homemade slaw on a buttered bun with BBQ sauce.

**Sliders 5.99**

Mini burgers with American Cheese & pickles or Mini Pulled Pork & pickles with slaw served with house made fries.

★ **Fish Tacos 6.99**

Sweet and sour slaw, lightly battered fish, and cilantro lime sour cream served with two salsas and tortilla chips.

**Grilled Cheese & Soup 5.99**

American, Swiss, Jack and Cheddar cheeses melted between two slices of Texas Toast.

**Steak & Cheese half 5.99**

Fresh thin-sliced steak, grilled with onions and American cheese on a sub roll. Add Grilled Mushrooms for 0.75.

**Katie Bug Club half 5.99**

Sliced turkey, ham, crispy bacon, and American cheese, piled on two slices of Texas Toast with lettuce, tomato, and mayo.

**Reuben half 5.99**

Slow-roasted corned beef topped with sauerkraut, Swiss, and 1000 Island dressing, served on rye.

**BBQ Pork Tacos 6.99**

Sweet and sour slaw, fresh pineapple, BBQ pork, Sriracha, and cilantro lime sour cream served with two salsas and tortilla chips.

**Half Sandwich & Soup or Salad 5.99**

Your choice of a Caesar or Garden salad and a half Reuben, Steak and Cheese, Club, Ham and Swiss, or Turkey Sandwich.

**Chicken Bacon Ranch 7.99**

Grilled chicken, Applewood smoked bacon, mixed cheese, tomato, and Ranch on toasted ciabatta.

★ = A classic O'Neill's Grill favorite! **GF** = Gluten-free 🔥 = Spicy!

Gluten-free buns and corn tortillas are available upon request. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.